

HEALTH EVENTS 2009

JANUARY

- 5 Hypoparathyroidism Awareness Day**
e: liz@hpth.org.uk
www.hpth.org.uk
- 13 Annual Drug and Alcohol Professionals Conference**
t: 0870 763 6139
www.fdap.org.uk/fdapevents/conf2009.html
- 19-23 Food Allergy & Intolerance Week**
t: 01322 619 898
www.allergyuk.org
- 19-23 Cancers Week**
t: 0845 601 1716
www.cancertalk.org.uk
- 26-30 Be Loud! Be Clear!**
t: 0845 071 9300
www.beatingbowelcancer.org
- 31 National Bug Busting Day - Head Lice Beware!**
t: 01908 561 928
www.nits.net/bugbusting

FEBRUARY

- TBC Choose Life National Partnership Summit**
t: 0131 313 7500
www.chooselife.net
- 1-28 Raynaud's Awareness Month**
t: 0800 917 2494
www.raynauds.org.uk
- 1 Breathing Space Day**
t: 0800 838 587
www.breathingspacescotland.co.uk
- 2-8 National Salt Awareness Week**
t: 020 8725 2409
www.actiononsalt.org.uk
- 3 Health Improvement Trainers Scotland**
t: 0131 536 5553
www.elearning.healthscotland.com
- 4 World Cancer Day**
t: +41 22 809 1806
www.worldcancercampaign.org
- 4 Reaping the Health Benefits of Environmental Change: A Healthy Environment Network Event**
t: 0141 354 2945
www.healthscotland.com/news/events/index.aspx
- 9-15 Contraceptive Awareness Week**
t: 0141 948 1179
www.fpa.org.uk
- 14 Gold Heart Day**
t: 020 7428 8100
www.varietyclub.org.uk
- 14 National Impotence Day**
t: 0870 774 3571
www.sda.uk.net
- 15 International Childhood Cancer Day**
t: 0116 249 4460
www.ukccsg.org
- 16-22 European Victims Week**
t: 0131 668 4486
www.victimssupportscotland.org.uk/page/index.cfm
- 22-28 Eating Disorders Awareness Week**
t: 0870 770 3256
www.b-eat.co.uk

24 Physical Activity and Health Alliance National Conference

t: 0131 313 7500
www.paha.org.uk

24 Equality and Diversity Forum

t: 020 7231 5100
www.symposium-events.co.uk/diversity.htm

MARCH

TBC Food & Health Alliance National Conference

t: 0131 313 7500
www.fhascot.org.uk

1-31 Ovarian Cancer Awareness Month

t: 020 8238 7605
www.ovarian.org.uk

1-31 Marie Curie Cancer Care Great Daffodil Appeal

t: 0131 561 3900
www.mariecurie.org.uk/supportus/
thegreatdaffodilappeal

1-31 Prostate Cancer Awareness Month

t: 020 8222 7622
www.prostate-cancer.org.uk

3 YouthLink Scotland National Conference

t: 0131 313 2488
www.youthlink-scotland.org

4-6 COSLA Annual Conference

t: 0131 474 9228
www.cosla.gov.uk

8-12 14th World Conference on Tobacco

e: secretariat@14wctoh.org
www.14wctoh.org

11 No Smoking Day

t: 020 7739 5110
www.nosmokingday.org.uk

12 World Kidney Day

t: +32 2 743 4411
www.worldkidneyday.org

19-20 National Drug Treatment Conference

t: 01305 262 244
www.exchangesupplies.org/conferences/
NDTC/2009_NDTC/intro.html

21 International Day for the Elimination of Racial Discrimination

www.un.org/Depts/dhl/racial

23-29 Mental Health Action Week

t: 0141 572 0125
www.mentalhealth.org.uk

24 World TB Day

t: +45 39 171 717
www.euro.who.int

25-26 UKPHA Annual Public Health Forum

e: conference@ukpha.org.uk
www.ukphaconference.org.uk

APRIL

1-30 Bowel Cancer Awareness Month

t: 0131 225 5333
www.bowelcanceruk.org.uk

2 World Autism Awareness Day

e: info@worldautismawarenessday.org
www.worldautismawarenessday.org

7 World Health Day

t: +41 22 791 21 11
www.who.int/en

9 Young Scot Awards

t: 0141 309 1480
www.youngscotawards.co.uk

14-18 Depression Awareness Week

t: 0845 123 2320
www.depressionalliance.org

MAY

TBC Evaluation Summer School

t: 0131 313 7554
www.healthscotland.com/news/events/index.aspx

1-31 Save a Baby Month

t: 020 7222 8003
www.fsid.org.uk

1-31 International ME Awareness Month

t: 0845 123 2380
www.afme.org.uk

4-10 Deaf Awareness Week

t: 01206 274 075
www.deafcouncil.org.uk/daw/index.htm

4-8 Midwifery Week

e: marketingofficer@rcm.org.uk
www.rcm.org.uk

5 World Asthma Day

t: 020 7786 4900
www.ginasthma.com

6-8 17th International Conference on Health Promoting Hospitals and Health Services (HPH)

e: chsr@med.ova.gr
www.univie.ac.at/hph/crete2009

6 CIPD Diversity Conference

t: 020 8612 6202
www.cipd.co.uk

10-16 National Breastfeeding Awareness Week

t: 020 7972 1339
www.breastfeeding.nhs.uk

11-15 National Allergy Week

t: 01322 619 898
www.allergyuk.org

11-17 Cancer Prevention Week

t: 020 7343 4200
www.wcrf-uk.org

12 International Nurses Day

e: icn@icn.ch
www.icn.ch

15 International Day of Families

www.un.org

15 Fruity Friday

t: 020 73434200
www.wcrf-uk.org/fruity_friday/index.lasso

17 May-13 June National Smile Month

t: 0870 770 4000
www.nationalsmileweek.org/uk

18-22 Walk to School Week

t: 020 7820 1010
www.walktoschool.org.uk

18-24 National Epilepsy Week

t: 0113 210 8800
www.epilepsy.org.uk

18 Off to a Good Start: National Breastfeeding Conference

t: 0131 536 5564
www.healthscotland.com/news/index.aspx

19 World Hepatitis Awareness Day

t: 020 7089 6220
www.hepctrust.org.uk

31 World No Tobacco Day

www.euro.who.int/tobaccofree

31 May - 7 June Dementia Awareness Week (Scotland)

t: 0131 243 1453
www.alzscot.org

JUNE

1-30 Everyman Male Cancer Month

t: 0800 731 9468
www.icr.ac.uk/everyman

1-30 National Osteoporosis Month

t: 0845 130 3076
www.nos.org.uk

1-30 SANDS (Stillbirth & Neonatal Death Society) Awareness Month

t: 020 7436 7940
www.uk-sands.org

3-4 Keep Well National Conference

t: 0131 313 7500
www.keepwellscotland.com

7-13 Diabetes Week

t: 020 7424 1000
www.diabetes.org.uk

8-14 Carers Week

t: 0845 241 2582
www.carersweek.org/index.asp

8-14 Down's Syndrome Awareness Week

t: 0131 313 4225
www.dsscotland.org.uk

13-21 Bike Week

t: 0845 612 0661
www.bikeweek.org.uk

14 World Blood Donor Day

t: 020 7972 1339
www.worldblooddonoraday.org

15-21 National Men's Health Week

t: 0141 550 7515
www.mhfs.org.uk

15 National Bug Busting Day - Head Lice Beware!

t: 01908 561 928
www.nits.net/bugbusting

16-17 NHS Scotland Annual Conference

t: 0141 639 8213
www.nhsscotlandevent.com

17-24 Scottish National Depression Week

t: 0845 123 23 20
www.dascot.org

20-28 Motor Neurone Disease Awareness Week

t: 01604 250 505
www.mndassociation.org

22-23 UK National Smoking Cessation Conference

www.uknsc.org/index.html

23 National Falls Awareness Day

t: 020 7278 1114
www.helptheaged.org.uk/fallsday

24-30 Child Safety Week

t: 020 7608 3828
www.capt.org.uk

26 International Day Against Drug Abuse and Illicit Trafficking

www.un.org

26 Wrong Trousers Day (Children's Healthcare)

t: 0117 9252 744
www.wallaceandgromitfoundation.org

AUGUST

2-8 World Breastfeeding Week

e: waba@streamyx.com
www.worldbreastfeedingweek.org

3-9 Sexual Health Week

t: 020 7608 5240
www.fpa.org.uk

12 International Youth Day

www.un.org/youth

SEPTEMBER

6-12 Migraine Awareness Week

t: 0116 275 8317
www.migraine.org.uk

7-13 Know Your Numbers! (National Blood Pressure Testing Awareness Week)

t: 020 8772 4992
www.bpassoc.org.uk/kyn

7-13 International Suicide Prevention Awareness Week

t: 0141 354 2900
www.suicide-prevention.co.uk

10 World Suicide Prevention Day

www.who.int/mediacentre/events/annual/world_suicide_prevention_day/en/index.html

12-19 National Eczema Week

t: 020 7281 3553
www.allergyuk.org

19-25 Children's Hospice Week

t: 0845 203 2233
www.childhospice.org.uk

21-27 Meningitis Awareness Week

t: 0131 510 2345
www.meningitis.org

21 World Alzheimer's Day

t: 020 7981 0880
www.alz.co.uk/adi/wad

26 World's Biggest Coffee Morning (Cancer Support)

t: 0845 602 1246
www.macmillan.org.uk/coffee

27 September-3 October Rural Health Week

t: 01686 650 800
www.irh.ac.uk

OCTOBER

TBC Alcohol Awareness Week

e: alcoholenquiries@scotland.gsi.gov.uk
www.alcoholawarenessweek.com

1-31 Breast Cancer Awareness Month

t: 0845 092 0819
www.breastcancercare.org.uk

1-31 International Walk to School Month

t: 020 7820 1010
www.walktoschool.org

1 International Day of Older Persons

www.un.org/Depts/dhl/olderpersons

10 World Mental Health Day

e: wmfhday@wfmh.com
www.wfmh.org/00WorldMentalHealthDay.htm

10 World Hospice & Palliative Care Day

t: 020 7520 8250
www.worldday.org

11-14 8th International Congress on Coronary Artery Disease 2009: From prevention to intervention

t: +41 22 908 0488
www2.kenes.com/cad/pages/home.aspx

16 World Food Day

e: world-food-day@fao.org
www.fao.org/getinvolved/en

24 National Make a Difference Day

t: 020 7278 6601
www.csv.org.uk

27-31 25th IASP World Congress on Suicide Prevention

t: +33 562 29 19 47
www.iasp2009.org

31 National Bug Busting Day - Head Lice Beware!

t: 01908 561 928
www.nits.net/bugbusting

NOVEMBER

1-30 Lung Cancer Awareness Month

t: 020 7840 7840
www.macmillan.org.uk/lung

4 National Stress Awareness Day

t: 0117 969 728
www.nationalstressawarenessday.co.uk

14 World Diabetes Day

e: wdd@idf.org
www.worlddiabetesday.org

16-20 Indoor Allergy Week

t: 01322 619 898
www.allergyuk.org

16-22 Mouth Cancer Awareness Week

t: 0870 770 4014
www.dentalhealth.org.uk

25-26 UNICEF Annual Baby Friendly Initiative Conference

t: 0844 801 2414
www.babyfriendly.org.uk

DECEMBER

1 World AIDS Day

t: 020 7814 6767
www.worldaidsday.org

3 International Day of Persons with Disabilities

e: enable@un.org
www.un.org/disabilities

United Nations events are designed to raise awareness. They do not generally produce materials to support specific topics. Further information may be available from your local health promotion department.
www.un.org/events

Because event dates, locations and times may change, you may wish to check out each entry fully before embarking on any support.

Support materials for the majority of the above events may be ordered from your local health promotion department or directly from NHS Health Scotland. Please allow sufficient time for the processing and delivery of your order.

Every healthcare contact is a health improvement opportunity. For further support please visit
www.hphs.co.uk

Inclusion does not necessarily imply recommendation by NHS Health Scotland.