

Mental Health Improvement Policy Review

11th and 12th December 2006
Programme

11th December

PUBLIC HEALTH EVIDENCE

CoSLA Conference Centre, Rosebery House, 9 Haymarket Terrace, Edinburgh, EH12 5EZ

09.45 **Welcome and overview of panel meetings** (panel, writer and secretariat)

10.15 **National Programme Initiatives**

Tony McLaren (Breathing Space), Caroline Farquhar (Choose Life), Simon Bradstreet (Scottish Recovery Network), Linda Dunion (See Me), Maureen Kidd (Mental Health First Aid, Health Scotland)

Aim: To learn more about what the National Programme for improving mental health and well-being has added to key initiatives and views of the impacts of key initiatives and the National Programme more broadly.

Areas for round table discussion:

- *How being part of the National Programme has contributed to each initiative*
- *Infrastructures and partnerships across the National Programme and with other relevant organisations*
- *Learning across evaluations with regard to reach and impact of the National Programme*
- *Perceptions of progress and influence by National Programme and partners at national and local levels*
- *Views on strategic areas for future action and priorities for mental health improvement policy.*

11.30 **Coffee**

11.50 **Use of evidence in the establishment and evolution of the National Programme**

Dr Margaret Hannah (NHS Fife), Prof. Stephen Platt (University of Edinburgh), Dr Allyson McCollam (Scottish Development Centre for Mental Health)

Aim: To explore the influence of evidence in the establishment and evolution of the National Programme for improving mental health and well-being and views on future priorities based on emerging evidence.

Delegates to address the following in a brief paper or short presentation (max 10 mins):

- *The role of evidence in the establishment of the National Programme (MH)*
- *The role of evidence in the development and implementation of Scotland's suicide prevention strategy/action plan (SP)*
- *The role of evidence in planning and delivery of mental health improvement work at a local level (including key successes/challenges) (AM)*

Areas for round table discussion:

- *Role of evidence in the establishment and evolution of the National Programme*
- *Perceptions of progress and influence by the National Programme and others in facilitating evidence into practice and practice into evidence*
- *From the evidence available do we know how the National Programme initiatives have impacted at a local /community level*
- *Views of strategic areas for action and priorities for MHI policy based on emerging evidence*
- *Views of information/research that should be commissioned to inform the community/sub-national perspectives strand of the Review*

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13.00 **Lunch**

14.00 **Evidence into Practice**

Wendy Hearty (Health Scotland), Angela Hallam (Scottish Executive), Dr Lynne Friedli (Mental Health Promotion Specialist)

Aim: To explore the role of the National Programme in facilitating evidence into practice and practice into evidence, learning and evidence that has emerged to date from the National Programme and what this suggests for future areas of action and priority.

Delegates to address the following in a brief paper or short presentation (max 10 mins.):

- *The role of Analytical Services Division (SE) in supporting the National Programme to embed a culture of research and evaluation for mental health improvement in Scotland (AH)*
- *Emerging areas of action for mental health improvement work in Scotland indicated from the 1st stage of an evidence mapping framework for mental health improvement (WH)*
- *Reflections on the role of the National Programme in facilitating evidence into practice and practice into evidence (LF)*

Areas for round table discussion:

- *Perceptions of progress and influence by the National Programme and others in facilitating evidence into practice and practice into evidence*
- *What does existing evidence tell us about the impact and outcomes of the National Programme collectively?*
- *From the evidence available do we know how the National Programme initiatives have impacted at a local /community level?*
- *Views of strategic areas for action and priorities for mental health improvement policy based on emerging evidence.*

15.30 **Coffee**

16.00 **Reflections on day** (panel, writer and secretariat)

17.30 **Close**

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PUBLIC HEALTH INTELLIGENCE

NHS Health Scotland, Woodburn House, Canaan Lane, Edinburgh, EH10 4SG

09.00 Reflections on day one and plans for day two (panel, writer and secretariat)

09.30 Overview of Mental Health and Well-being Indicators

Dr Jane Parkinson (Health Scotland)

Aim: To gain an overview of Mental Health and Well-being Indicators for Scotland work; implications for the future of mental health improvement policy and any suggested areas of action or priority indicated

10.00 Information for Planning, Monitoring and Evaluating

Dr David Gordon (Health Scotland), Dr Rod Muir (NHS National Services Scotland), Dr Jane Parkinson (Health Scotland)

Aim: To explore what information is currently available on mental health improvement for the purposes of planning, monitoring and evaluating work in this area.

Delegates to address the following in a brief paper or short presentation (10 mins):

- *What is currently known about mental health improvement from available information and what is it feasible to collect in the future (DG)*
- *Does the information currently collected by ISD give any indications for future directions in this area (RM)*

Areas for round table discussion:

- *What are the challenges in collecting information in this area?*
- *What can the next phase of the National Programme do to support this?*
- *Views on strategic areas for future action*

11.00 Coffee

11.30 Reflections and discussion (panel, writer and secretariat)

13.00 Lunch

14.00 Work of the Glasgow Centre for Population Health

Dr Carol Tannahill (Glasgow Centre for Population Health)

Aim: To explore the work of the Glasgow Centre for Population Health in relation to mental health improvement and to reflect on successes by the National Programme and views on future direction

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Delegate to provide a short presentation (10 mins), which gives an overview of work undertaken by the GCPM in relation to mental health improvement including the involvement of the Centre in progressing the aims of National Programme.

Areas for discussion:

- *Overview of work undertaken by the Glasgow Centre for Population Health that supports work in the area of mental health improvement including the involvement of the Centre in progressing the aims of National Programme.*
- *Views on development and implementation of the National Programme (e.g. extent that this has been informed by available evidence).*
- *Key successes and influence of the National Programme and partners*
- *Views on strategic areas for future action.*

15.00 **Coffee**

15.30 **Reflections, discussion, actions for next meeting** (panel, writer and secretariat)

16.00 **Close**